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DIE TRADITION DES KARATE



Kristkeitz Werner Jan 1991, 1991. Taschenbuch. Book Condition: Neu. 201x124x11 mm. Neuware - Dieses Buch führt den Leser zurück zu den Ursprüngen des Karate bis hin zu seinen Wurzeln im chinesischen Shaolin-Tempel. Es beschreibt die verschiedenen Karate-Stile mit ihrer Lehrer-Schüler-Folge und liefert eine Lebensbeschreibung aller wichtigen Karatemeister. Ein Standardwerk, das dem Leser die traditionelle Kampfkunst mit all ihren Werten für Körper und Geist nahebringen will. 175 pp. Deutsch.

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- Authored by Werner Lind
- Released at 1991



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