



The Urban Ritualist: A Guide to Practicing Ritual in an Urban Setting (Paperback)

By Ed M Reynolds N A Afi Queen

Outskirts Press, United States, 2011. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.Taking self-help to new heights and learning to cultivate your divine spiritual self in any environment, The Urban Ritualist uncovers the divine purpose of all beings, to strengthen the divine spirit within and use its power to uplift human consciousness. The term self-help is indicative of humankind s desire to elevate themselves - their physical, social, and economic conditions. This desire to change has been linked to the universal changes that are taking place in terms of the earth, and universal energy. Although many believe that our thoughts have the capacity to manifest the changes we desire, and in many ways it does, there is another part to the equation. It s not all about what you think, it s also about who you are. To Know Thyself is the most recognized edict given to humankind by the ancient Kemetians. It is the foundation of transformation work and the lifeblood of magic. In The Urban Ritualist, the path to know oneself and cultivate spiritual growth and development is laid out. Spirituality and ritual are examined from an...



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