



## God's Little Book of Calm: Words of Peace and Refreshment

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By Richard Daly

HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, God's Little Book of Calm: Words of Peace and Refreshment, Richard Daly, God's Little Book of Calm restores peace to our minds and brings spiritual refreshment to our hearts. 'It is not work that wears us out, but sadness, anxiety and worry. To God all your griefs are worthy of consideration.' Most of us need something to counteract the stress we feel. But how do we find lasting peace and strength amid all the pressures we face? This wonderful collection of timeless truths and promises enable us to face the challenges ahead. Each page has an inspirational thought or idea, along with a related Bible reference for further reading and encouragement. Full of spiritual gems, this book will prove its value time and again whenever life gets too much. 'Talking to someone about your problems or fears reduces the pain by 50%, so when everyone else fails God simply says, "Come to me." '.



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