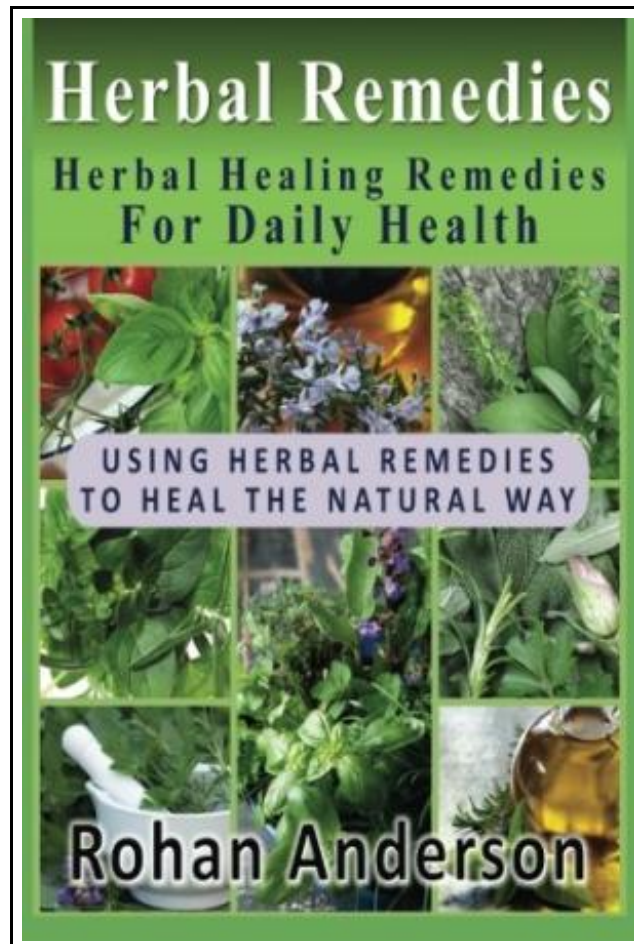


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This book might be worthy of a go through, and a lot better than other. it had been writtern really properly and helpful. You may like just how the author write this publication.
(Prof. Mattie Beatty)


HERBAL REMEDIES: HERBAL HEALING REMEDIES FOR DAILY HEALTH: USING HERBAL REMEDIES TO HEAL THE NATURAL WAY (PAPERBACK)



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Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Also considered or referred to as natural medicine, alternative medicine or home remedies, herbal remedies do not need any prescription from a physician or not required to be a medication that is traditionally manufactured. Herbal remedies that are more common include cream and oils, poultices, tinctures and teas. In several countries, it is a requirement that herbalists are trained and also licensed before he or she can prescribe herbal remedies. It is a high recommendation that when an herbal remedy is chosen the ingredients are researched before bought. If traditional medications are being used for a particular illness, the individual is required to proceed with extreme caution before herbal remedies are introduced. This is because is the likelihood of dangerous contraindications when medications are mixed. Many herbs may be utilized in the treatment of a lot of different minor and also major health issues like allergy, problems with the digestive system, common cold, weight loss, sleep disorder and several others. Issues that are associated with blood circulation and the heart like hypertension, varicose veins, varicose ulcers and angina among others can be effectively treated with the use of certain herbs. Garlic, for example, is successful in treating coronary artery disease and also cut down on the level of serum cholesterol. Author Rohan Anderson, who is a firm believer in the effectiveness of herbs, has done his research in their various uses and provides all this information to readers in his book about Herbal Daily Health. He has highlighted a few herbs that are known to be unsafe for human intake as well as the fact that there are herbs that their use will not have any impact on...

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