



AQA PE for A Level: Book 1: For A-Level Year 1 and AS (Paperback)

By Carl Atherton, Symond Burrows, Sue Young

HODDER EDUCATION, United Kingdom, 2016. Paperback. Book Condition: New. 276 x 215 mm. Language: N/A. Brand New Book. Inspire, motivate and give confidence to your students with AQA PE for A Level Book 1. This reliable and accessible textbook will offer your students comprehensive support for both the academic and practical elements of the course. This Student s Book has been selected for AQA s official approval process. - Key questions to direct thinking and help students focus on the key points - Diagrams to aid understanding -Summaries to aid revision and help students access the main points - Extension questions, stimulus material and suggestions for further reading to stretch, challenge and encourage independent thinking and a deeper understanding - Definition of key terms - again to aid and consolidate understanding of technical vocabulary and concepts - Activities to build conceptual understanding and sound knowledge and understanding, analysis, evaluation and application skills Contents: Section 1 Applied Anatomy and Physiology 1.1 The cardiovascular system (Sue Young) 1.2 The respiratory system (Sue Young) 1.3 The neuromuscular system (Sue Young) 1.4 The musco-skeletal system and analysis of movement in physical activities (Sue Young) Section 2 Skill acquisition 2.1 Skill acquisition (Carl Atherton)...



Reviews

A really great publication with lucid and perfect reasons. I have read through and i am confident that i am going to gonna read yet again yet again down the road. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Cade Nolan

This ebook is fantastic. It is actually writter in straightforward terms rather than hard to understand. Its been designed in an extremely straightforward way and it is merely soon after i finished reading through this ebook through which in fact modified me, alter the way i really believe.

-- Justice Wilderman