



What's Making You Angry?: 10 Steps To Transforming Anger So Everyone Wins

By Neill Gibson, Shari Klein

Puddle Dancer Press. Paperback. Book Condition: new. BRAND NEW, What's Making You Angry?: 10 Steps To Transforming Anger So Everyone Wins, Neill Gibson, Shari Klein, This step-by-step guide provides information on how to refocus attention when angry and create satisfying outcomes for everyone. The tenets of 'Nonviolent Communication' are applied to a variety of settings, including the classroom and the home, in these booklets on how to resolve conflict peacefully. Illustrative exercises, sample stories, and role-playing activities offer the opportunity for self-evaluation, discovery, and application.

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