



You Can Trust Me-I m a Doctor: A Physician s Story of Addiction and Recovery (Paperback)

By A C Gross MD

iUniverse, United States, 2012. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.A lifelong pattern of use and abuse finally caught up with Dr. A. C. Gross when she was forty-three years old. She had been using drugs and alcohol to fix herself for as long as she could remember. Now, in *You Can Trust Me-I m a Doctor*, Gross shares the story of her addiction and her journey to recovery. In this memoir, she describes growing up in a respectable, middle-class, Californian household where she was introduced to alcohol at a young age. She had her first taste of alcohol at age nine and first experienced being drunk at age fourteen. During her twenties, Gross tells how she continued to drink and experiment with drugs despite her rigorous studies. With her compulsive personality, excessive drinking and reckless use of pills became a constant part of everyday life. In 2004, with her physician s career in jeopardy and her family life unraveling, Gross was forced to seek help. Recovery was her next step, but it was not easy. She narrates how it took her nearly ten months to realize that...



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Reviews

This written book is fantastic. This can be for those who statte that there had not been a well worth reading. Your life period will probably be transform when you comprehensive reading this article ebook.

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It is an amazing publication which i actually have at any time go through. It really is wriiter in easy words and phrases rather than hard to understand. Its been developed in an extremely easy way which is merely following i finished reading through this pdf in which actually changed me, affect the way i think.

-- **Garry Lind**