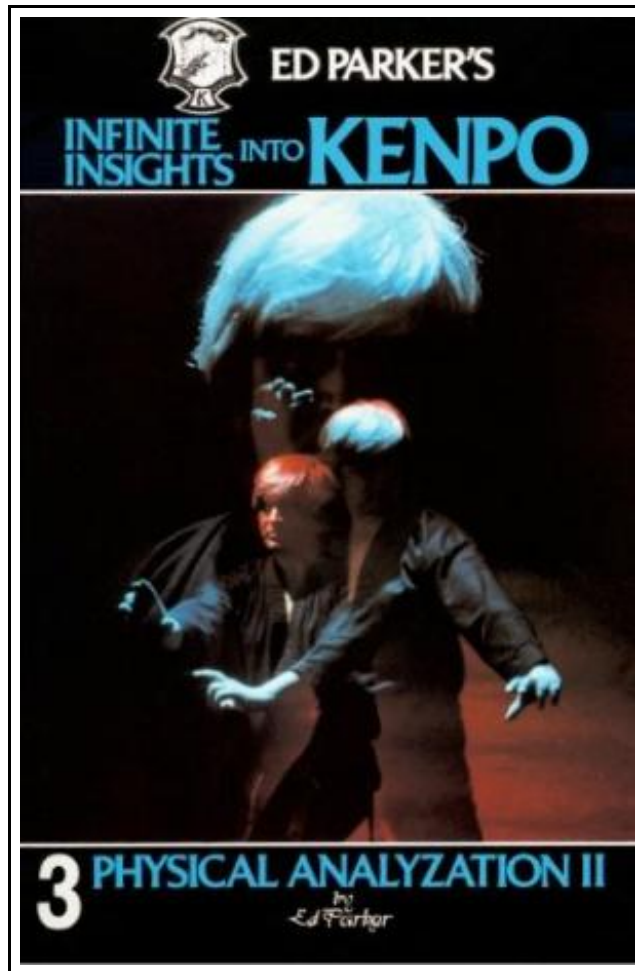


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Createspace, United States, 2009. Paperback. Book Condition: New. 213 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.Sr. Grandmaster of American Kenpo Karate gives readers an opportunity to study, ponder and digest the two marvelous, insightful investigations into Kenpo, Mr. Parker s third volume was published two years later in July 1985. With the same direction and thrust as Volume II, he continued in Physical Analyzation Part II to categorize, classify and expound on the basic subdivisions of blocks, strikes and specialized moves and methods. Blocks, primarily defensive moves, are defined typed of blocks are exhaustively expanded upon, such as-striking, parrying, positioned, pinning and specialized blocks taught in Kenpo. In an excellent photographic series overlaid with directional diagrams, to show the moves step by step. Specialized blocks, such as, catching, trapping, jamming, lockout, ricocheting and sliding checks are put into perspective photographically through simple, selected self-defense sequences. A myriad of masterful methods of executing a multitude of strikes is set forth completely for the first time in this volume. Strikes are sequentially, logically and practically, charted out, demonstrated and arguably addressed better than any other Martial Arts text. Using comparative analysis expanding on the bounds of existing experience, Mr. Parker elaborates masterfully on the merits of major and minor moves. Mr. Parker reminds his students that a knowledge of how and what is not complete without an understanding of why. He teaches the tools of the Kenpo artist, along with an understanding of appropriate principles and applications. Leaving a formula for future combat success on the street, he stresses a need for the consistent use of correct principle.

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