



Healthy Menopause (Paperback)

By Susan Richards M D

Createspace, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Do you want to be free of hot flashes, insomnia, fatigue, anxiety, depression, vaginal and skin dryness and other uncomfortable symptoms of menopause? Do you want to restore your hormonal health and balance and enjoy radiant health and wellness? Then, Healthy Menopause is an essential book for you. Written by Susan Richards, M.D., best selling author and one of the most renowned women s alternative medicine experts, this incredible guide to healing from menopause symptoms and restoring your hormonal health and balance contains her all natural and very effective treatment program. Her program has helped thousands of her menopause patients gain dramatic relief from their debilitating and uncomfortable symptoms. Dr. Richards program for menopause relief is incredibly effective, safe and fast acting and has enabled her patients to avoid the use of conventional hormone replacement therapy with its many side effects and health issues including an increased risk of heart disease and breast cancer. Her book also includes her expert knowledge of the most up-to-date medical and alternative therapy research in this field. In this book, Dr. Richards...



READ ONLINE
[4.34 MB]

Reviews

This pdf is amazing. It really is rally exciting throgh looking at time. I am easily could possibly get a satisfaction of looking at a created publication.

-- **Patience Bechtelar**

This sort of pdf is everything and made me hunting forward and a lot more. It is packed with knowledge and wisdom I am just happy to inform you that this is the greatest ebook i have study within my own existence and might be he very best ebook for actually.

-- **Celestino Blanda**